

The philosophy of Valley Hill Youth Treatment Centre, “Every youth deserves a second opportunity”, is the foundation of our program. Our philosophy places emphasis on a youth centered approach focusing on the present, combines social learning theories, and performance management to create a basis of structure. Structure is developed through setting limits, routine consistency and the overall process of normalization.

Youth accessing services within the facility are expected to agree to the following expectations at time of admission:

1. Remain substance free while admitted to the facility;
2. Actively participate in treatment planning, programming and related activities;
3. Be respectful of self, other participants, staff, visiting services/programming and the facility;
4. Maintain confidentiality while in and following discharge from the facility;
5. Be responsible for personal housekeeping, including making own bed and maintaining assigned room, washing and drying personal laundry and completing assigned chores on a rotational chore schedule.

Participant Signature: _____

Family Signature: _____

Staff Signature: _____