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## Youth Admission Information Guide

The following is to guide Community Case Manager's (CCM's) and/or in conjunction with other professionals in collecting helpful information for the client.

### Chemical Dependency History

- Use history: drug(s) of choice and experimentation, age of initial use frequency/last use
- Previous detox and treatment history: need for current detox or stabilization
- Motivation for change/stage of recovery/ stage of change

### YOUTH

- Discharge/Arrival plan
- If incarcerated what is the release date and specific plan for youth to return to the community if release date occurs while at Valley Hill Youth Treatment Centre.
- Statement from staff at the facility as to the youth's current level of Functioning/stability

### MENTAL HEALTH HISTORY

- Diagnosis- Include any psychiatric and psychological reports
- Psychiatric hospitalizations-dates, circumstances-any recent hospital discharge summaries
- Suicidal thoughts or attempts
- Abuse (emotional, sexual, physical) Past/Present? Therapy?

### SOCIAL HISTORY

#### Family/Primary Relationships:

- Outline family dynamics
- Child-care arrangements

#### EMPLOYMENT/FINANCIAL STATUS

- Main source of income
- Problems at school/work
- Gambling History

#### EDUCATION

- School History-any issues /concerns
- Last grade completed
- Any limitations/Reading/disabilities affecting comprehension

#### SPIRITUAL/CULTURE HISTORY

- Identify specific needs

#### COMMUNITY

- Recreation-leisure interests

#### LEGAL

- History of Violence
- History of legal charges/copy of orders or undertaking or probation conditions
- Any court ordered psychiatric/psychological evaluations/pre-sentence reports
- Name of Youth Worker if applicable

#### PHYSICALLY DISABLED

- The Center has accommodations to assist youth with a physical disability.

#### GOALS

- Please identify your assessment of the primary goals for treatment

**CONFIRMATION OF ADMISSION WILL BE DONE ONCE ASSESSMENT & MEDICAL INFORMATION ARE RECEIVED BY THE ADMISSIONS OFFICE. [dsanderson@vhill.ca](mailto:dsanderson@vhill.ca)**

- The Admissions Co-Coordinator will contact the Community Case Manager/Referring Agent with a specific **date and time** for admission by Confirmation Letter.
- Please contact the Admissions Coordinator if a particular circumstance changes @ 306 764 2311 Or toll free 1855 764 7644.